**“THE GOOD QUALITIES OF BUDDHA’S BODY, SPEECH AND MIND”**

THE GOOD QUALITIES OF HIS BODY

From Je Rinpoche’s “*Songs of Experience* “:

“Body born of ten million virtues and excellence,

Speech that fulfills the hopes of infinite beings,

Mind that sees all knowables as they are,

I pay homage to the head of the Shakyamuni tribe.”

From the “Praises in Similes”:

Your body is adorned by the signs;

So beautiful, it is nectar to the eyes,

Like a cloudless autumn sky

Adorned with constellations.

Sage, you are a golden color,

And beautifully draped in robes,

Like the peak of a golden mountain

Rising above a bank of clouds.

You, Protector, are not adorned with jewels;

Your mandala face is full of lustre.

Not even the full mandala

Cloudless moon can equal it.

Your lotus face

Is a lotus opened by the sun.

Disciples, like bees, see the lotus,

And unhesitatingly fly to it.

Your golden-colored face

Is beautiful with white teeth,

Like a golden mountain range

Bathed in pure autumn moonlight.

O, one worthy of our offerings, your right hand,

Is made beautiful by the sign of the wheel;

It gives encouragement to people,

Frightened of samsara’s wheel.

Sage, when you walk,

Your two feet are like glorious lotuses;

They leave outlines on the ground.

O Lotus One, how beautiful you are!

THE GOOD QUALITIES OF HIS SPEECH

From “*One Hundred and Fifty Verses*”:

Your face is most fair to see;

To hear the sound that from it comes :

A voice like nectar

Driping from the moon.

Your speech is like a rain cloud

To settle the dust of attachment.

It casts out the snake of hostility

Like the Garuda.

Like a parasol it conquers over and over

The mirage of ignorance.

Like a Vajra it truly destroys

The mountain of pride.

You have seen reality, and so do not deceive.

Because you do not err, you are consistent.

Well-constructed, so easy to comprehend,

Your speech is eloquent.

Your speech towers over others.

It wins over all who hear it;

Even on later recollection

It removes attachment and benightedness.

It inspires the destitute,

Protects the reckless,

And sobers the ecstatic,

Thus your speech is suited for all.

It gives the scholars joy,

Develops the minds of mediocre,

And destroys the mental haze of the inferior.

Your speech is medicine for everyone.

THE GOOD QUALITIES OF HIS MIND

*“Praise to Praiseworthy”* says:

Bhagavan, all phenomena throughout time,

All (karmic) sources and all places,

Come under the jurisdiction of your mind,

Like a myrobalan (fruit) in your palm.

*“One Hundred and Fifty Verses of Praises*” says:

All these beings are no different,

They are bound by delusion.

You have been bound a long while by compassion

To liberate deluded beings.

*“Verses on the True One”* says:

All beings’ minds are always veiled

By the darkness of benightedness.

The holy Sage sees all inmates

Of samsara’s prison, and develops compassion.